The background of the entire page is a vibrant blue stage. Two spotlights at the top corners cast beams of light towards the center. In the middle of the stage is a three-tiered podium. Above the podium is a light blue rectangular sign with a decorative bottom edge, containing the Hebrew word 'לגדל' in a stylized font. At the top center of the page is a solid teal rectangular block.

At Legadel, we take the responsibility and trust that you have given us very seriously. Our entire day is focused on your child and how we can help him reach their full potential.

לגדל

## LEGADEL CONTACT INFO



845.400.9870



[info@legadel.org](mailto:info@legadel.org)



As parents, you are partners in our work.

We would like to share with you how we address some of the underlying concerns, with the hope that this information will help you understand your child just a bit better.



For children displaying...



# ANXIETY

*At Legadel...*

- ✓ Routine and rules are very clearly explained.
- ✓ Visual reminders of schedules and rules are hanging on the classroom walls.
- ✓ Expectations are clearly shared both verbally and visually.
- ✓ A calm atmosphere with background music and calm tones are present throughout the school building.
- ✓ Teachers and Melamdim are present and tuned into each child's needs.
- ✓ Advance notice is given for transitions and for changes in routines.

*As parents, you can...*

- ✓ Explain rules and expectation clearly before heading into new situations or meeting new people.
- ✓ Ensure that your child knows that they can turn to you for help if needed, anytime.
- ✓ Empathize with your child if they appear fearful or anxious.
- ✓ Act calmly even when your child is acting anxious; be that calming presence for them.

For children displaying...

# *RIGIDITY*



*At Legadel...*

- ✓ Our schedules are predictable, which is reassuring for our children.
- ✓ Advance notice is given for transitions and for changes in routines.
- ✓ Flexibility is modeled, taught and praised often.
- ✓ Choices are given whenever possible to encourage cognitive flexibility.
- ✓ Problem solving skills is a goal that is a tool to promote flexibility.
- ✓ Children are expected to be flexible and are supported and coached when faced with
- ✓ challenging situations.

*As parents, you can...*

- ✓ Model flexibility as you go through your day, using self talk as well as direct explanations of why you are being flexible right now.
- ✓ Help your child problem solve or think about 'Plan B' when things don't go their way.
- ✓ Understand how difficult this is for your child; empathize and coach them through difficult situations.

For children displaying...

# *SOCIAL INTERACTION DEFICITS*



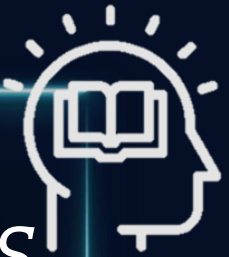
*At Legadel...*

- ✓ Appropriate social skills are modeled and reinforced often.
- ✓ Social skills are taught directly through our Middos programs and social skills programs.
- ✓ Eye contact is modeled during conversations and during lesson times.
- ✓ Play skills are facilitated by teachers and Melamdim during play time and recess time.
- ✓ Pairing up children to play or work together is encouraged and done often in our classrooms.
- ✓ Interactions are naturally encouraged as our children help each other out, ask questions of each other and play together.

*As parents, you can...*

- ✓ Make eye contact with your child giving them your full attention when they speak to you.
- ✓ Invite a friend or neighbor over, preparing an activity or game beforehand; end the play date when things are going well and reward child for being a good friend.
- ✓ Praise appropriate social skills when they naturally occur.

For children displaying...



# *LEARNING CHALLENGES*

*At Legadel...*

- ✓ Concepts are broken down to its smallest parts, with conceptual learning being built on a stronger foundation.
- ✓ Multi sensory learning and hands on learning is practiced daily.
- ✓ Stories and concepts are immediately connected to real life so that children understand what is being taught.
- ✓ Concepts are reinforced throughout the day rather than only during circle/lesson time.
- ✓ The skills being taught are introduced systematically based on the way the brain processes information, with visual and tactile learning introduced first, and auditory/abstract learning added afterwards.
- ✓ Lessons build on each other with previous lessons referenced often and previous concepts reviewed often.

*As parents, you can...*

- ✓ Show interest in the newsletter that is shared each week, praising and showing pride in the material that was taught.
- ✓ Talk to your child about what is happening at home, in their home environment to encourage language skills.
- ✓ Expose your child to a new age appropriate toy or game once in a while and show them how to play if necessary.
- ✓ Read to your child at least once a week; books help children pick up many concepts and language skills. Stop and ensure comprehension while reading.

For children displaying...

## *IMPULSIVITY OR FOCUSING DEFICITS*



*At Legadel...*

- ✓ Distractions are minimized during lesson or learning time.
- ✓ Focused attention and 'thinking' is praised and reinforced when they occur.
- ✓ Self control is highly praised; children gain awareness of the concept and then strive to succeed in this area.
- ✓ Task completion is a valued trait as well which increases focusing skills naturally.
- ✓ Lessons and activities are motivating and of high interest.
- ✓ Visual aids and auditory aids are used often and captivate our children.

*As parents, you can...*

- ✓ Minimize distractions when you are learning with your child or reading the newsletter.
- ✓ Expose your child to the idea of 'finishing the task' by clarifying the expected task and praising completion.
- ✓ Model focusing by giving your child your full attention when they come home from school and are sharing how their day was.



For children displaying...

# *KRIAH DELAYS*




## *At Legadel...*

- ✓ Our specialized Kriah teachers and therapists create a customized program for your child.
- ✓ Kriah lessons and practice are happening daily for consistent exposure and practice.
- ✓ Foundational skills such as phonemic awareness are part of our lessons and Kriah practice.
- ✓ Skills and concepts are reviewed and reinforced daily.
- ✓ Kriah goals are monitored daily and reviewed by our lead Kriah teachers.
- ✓ Encouragement and building self esteem is part of our strategies and has been proven to improve our children's Kriah/reading skills.

## *As parents, you can...*

- ✓ Ensure that no stress or pressure is associated with Kriah.
- ✓ Celebrate what your child is learning and be available to listen if they share, but don't 'test' or 'farher' them in this area.
- ✓ Encourage and build confidence in your child by believing that they can and will read iyh! Slow and steady progress is the way to success!

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Dear Parents,  
Thank you for being partners in  
helping your child reach their  
fullest potential!

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We hope you enjoyed the above information.

The concerns that were shared are just a small sample of underlying deficits that we address here at Legadel. We hope to share additional information in future Legadel literature.

Wishing you much continued Nachas!